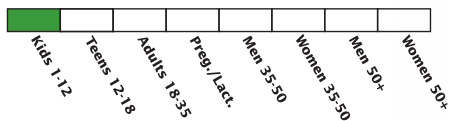
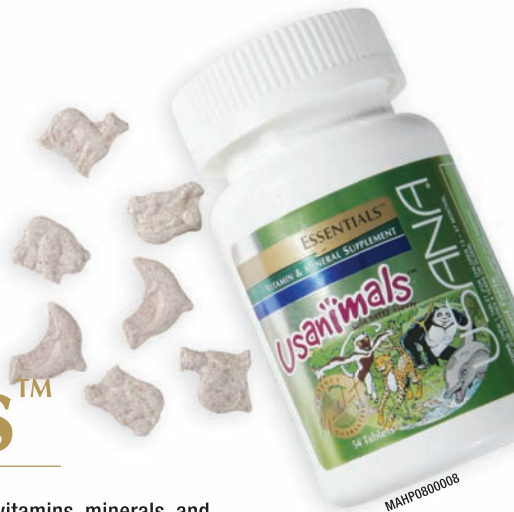


Essentials

FOR CHILDREN



Usanimals™



- Chewable tablets provide a balanced formula of vitamins, minerals, and antioxidants for children aged 13 months to 12 years old.
- Upgraded, comprehensive formula includes a new antioxidant complex of blackberry, raspberry, cranberry, and wild blueberry fruit powders.
- Great tasting and fun animal shapes that kids will love.

Usanimals, USANA's Essentials for kids, are an advanced formulation that contain nutrients necessary for a healthy childhood. Good nutrition plays a critical role in everyone's health, and it's especially important for children. Children never stop growing, from birth to the end of adolescence. Pound for pound, a five-year-old child needs more thiamin, riboflavin, niacin, vitamins A and C, and vitamins B6 and B12 than a 25-year-old man¹.

NUTRITION FOR GROWTH

Growth involves much more than just the development of children's bodies. It is an incredibly intricate balance of varying anatomical growth rates, physiological changes, and shifting hormone status. While growth in childhood is slower than in infancy or adolescence, energy output is high, with hard play periods that include plenty of running, jumping, and testing of new physical skills.

In addition to fuel for growth and normal activity levels, a child's diet must provide for the accumulation of stores of nutrients in

preparation for the accelerated growth spurts of the teen years.

TODAY'S CHILDHOOD NUTRITION

Unfortunately, one clinical study after another shows that our children do not receive the nutrition they need from their diets. In addition to problems caused by high intake of fat, particularly saturated fat, many children are simply not getting enough of the essential nutrients.² Less than 25 percent of young people eat the recommended five servings or more of fruits and vegetables each day. And nearly one-quarter of all vegetables consumed by children and adolescents are french fries.³ Adequate amounts of key nutrients such as zinc, vitamin B6, magnesium, and calcium are missing from the diets of more than 50 percent of children from two to ten years old.^{4,5}

Childhood nutrition is not only important for a child's developing years. Maintaining optimal health is a lifelong challenge. More and more medical research is showing that it is the poor diet and bad habits that are

established in childhood that contribute to degenerative diseases of middle and old age. With this in mind, it is important to focus today on maintaining a child's health through proper eating patterns^{6,7}

ESSENTIALS FOR CHILDREN

Usanimals contain an array of antioxidants, vitamins, and minerals, in amounts designed especially for active, growing children, including advanced amounts of vitamins E and C, two of the most powerful antioxidants needed by the human body. Vitamin E is one of the most important antioxidants because it helps to maintain strong cell membranes.⁸⁻¹⁰ In addition to its antioxidant role, vitamin C is essential for the manufacture of collagen, the main protein substance in the body. Now reformulated for improved flavour, Usanimals™ also contain a new antioxidant phytonutrient blend of blackberry, cranberry, raspberry, and wild blueberry fruit powders.

THE BEST SOURCES

A balanced blend of nutrients is only the beginning. At USANA, we believe that the quality of raw ingredients is of the utmost importance. USANA only uses ingredients of the highest quality to ensure maximum purity, potency, and bioavailability.

BEING HEALTHY CAN BE FUN

Children love the fun animal shapes and great-tasting Natural Wild Berry Blend of Usanimals. Parents love it too, because USANA uses only natural flavours and sweeteners. Usanimals are laboratory tested, quality guaranteed. Meets USP specifications for potency and uniformity where applicable.

References

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4. Alberston, A.M., et.al., 1992, J.Am. Diet. Assoc. 92:1492-96.
5. Kennedy, E. and Goldberg, J. Nutr. Rev. 1995.53(5):111-26.
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USING USANIMALS™

Children 13 months to 4 years old, take one (1) Usanimals tablet daily. Children 4 to 12 years old take two (2) Usanimals tablets daily. Do not swallow tablets whole. Vitamin supplements should not replace a balanced diet.

Supplement Facts

Serving Size: Tablet for Children 13-47 months*

Tablet for Children 4 years or older**

| | Amount per serving | %DV* | %DV** |
|---|--------------------|------|-------|
| VITAMIN A (AS BETA CAROTENE) | 900IU | 35% | 35% |
| VITAMIN C (AS ASCORBIC ACID AND SODIUM ASCORBATE) | 125mg | 310% | 420% |
| VITAMIN D (AS CHOLECALCIFEROL) | 200IU | 50% | 100% |
| VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE) | 50IU | 500% | 330% |
| THIAMIN (AS THIAMIN MONONITRATE) | 1.25mg | 180% | 170% |
| RIBOFLAVIN | 1.25mg | 160% | 150% |
| NIACIN (AS NIACINAMIDE) | 10mg | 110% | 100% |
| VITAMIN B6 (AS PYRIDOXINE HYDROCHLORIDE) | 1.25mg | 180% | 130% |
| FOLATE (AS FOLIC ACID) | 200µg | 100% | 100% |
| VITAMIN B12 (AS CYANOCOBALAMIN) | 6µg | 200% | 200% |
| BIOTIN | 75µg | 50% | 50% |
| PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE) | 5mg | 100% | 100% |
| INOSITOL | 15mg | † | † |
| ANTIOXIDANT PHYTONUTRIENT COMPLEX (BLACKBERRY, CRANBERRY, RASPBERRY AND WILD BLUEBERRY POWDERS) | 40mg | † | † |
| CALCIUM (AS CALCIUM CARBONATE) | 75mg | 10% | 15% |
| IODINE (AS POTASSIUM IODIDE) | 50µg | 70% | 70% |
| MAGNESIUM (AS MAGNESIUM CITRATE, AMINO ACID CHELATE, AND OXIDE) | 25mg | 15% | 15% |
| ZINC (AS AMINO ACID CHELATE) | 5mg | 60% | 70% |
| SELENIUM (AS AMINO ACID COMPLEX) | 15µg | † | 45% |
| COPPER (AS COPPER CITRATE) | 0.5mg | 50% | 50% |
| MANGANESE (AS MANGANESE GLUCONATE) | 0.5mg | 35% | 50% |
| CHROMIUM (AS CHROMIUM POLYNICOTINATE) | 25µg | † | 40% |
| MOLYBDENUM (AS AMINO ACID COMPLEX) | 12.5µg | † | 35% |
| VANADIUM (AS VANADIUM CITRATE) | 5µg | † | † |
| SILICON (AS AMINO ACID COMPLEX) | 1mg | † | † |

† Daily Values not established.

OTHER INGREDIENTS: Crystalline Fructose, Honey Powder, Modified Cellulose, Natural Wild Berry Flavor Blend, Xylitol, Ascorbyl Palmitate, Citric Acid, Malic Acid, Salt.

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